Strengths-Based Development
Why Strengths-Based Development?

The best-led organizations know that the direct path to individual, team, and organizational strengths begins with a primary investment in their employees’ greatest talents. Find what’s naturally right with your people, and build on it.

All organizations seek to perform with strength. To get there, many follow conventional wisdom: Focus on fixing weaknesses. Find what’s wrong with your people, and try to correct it. Unfortunately, that “wisdom” leaves the organization struggling on the path to mediocrity.

A growing number of strength-seeking organizations have learned that although weaknesses must be avoided and managed as necessary, a fixation on weakness is a mistake.

What happens when a person is not operating from strength? He or she is quite simply less fulfilled and less effective. In the workplace, an employee is six times less likely to be engaged in the role.

A person not able to use his or her strengths at work probably:

- dreads going to work
- has more negative than positive interactions with coworkers
- treats customers poorly
- tells friends he or she works for a miserable organization
- achieves less on a daily basis
- has fewer positive and creative moments

The Manager’s Focus

Of the people who felt their manager focused on their weaknesses, 22% were actively disengaged as employees. When people felt their manager focused on their strengths, only 1% were actively disengaged.

These are the results of a Gallup Q12 workplace poll conducted in April of 2004 (n=1003). These items were used in addition to the standard Q12 items: “My supervisor focuses on my weaknesses or negative characteristics” and “My supervisor focuses on my strengths or positive characteristics.”
Organizations that start by investing in an individual’s natural talent — and then add the pertinent knowledge and skills — experience a much greater return on every hour and dollar they spend developing people.
Gallup has a unique approach: the development science originated by Don Clifton, the Father of Strengths-Based Psychology.

The Clifton StrengthsFinder (CSF) is grounded in more than three decades of the study of success across a wide variety of industries, roles, and cultures.

Since 1998, we have used the CSF as our initial diagnostic tool in all of our development programs with various academic institutions, faith-based organizations, major businesses, and other organizations.

CSF assessments have initiated the development of individuals across hundreds of roles, including nurse, lawyer, teacher, manager, leader, student, school administrator, customer service representative, salesperson, pastor, and many others.

As of January 2008, more than 3 million people in 50 countries had received a CSF assessment.

The CSF assessment is available in 22 languages.

Gallup’s strengths approach is a platform — rather than a program — that provides practical, ongoing development. Its concepts are directly relevant to the world of the learner and can be immediately implemented.

Participants in CSF programs get the continual support they need through reminders, new education, and real-life reports from people experiencing success.

Gallup’s strengths approach offers a common language that bridges gaps between individuals, teams, and cultures.

Gallup uses its own science and practice. All Gallup associates receive a CSF assessment and consultation throughout their careers.